

# False Vacuum Decay in Scalar Field Theories

Victor Guada

Advisor: Prof. Giovanni Villadoro

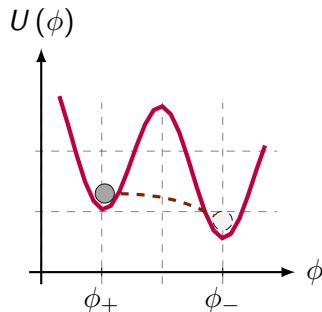
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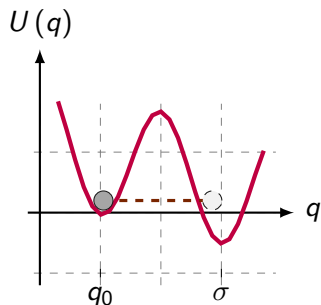


# Outline: Introduction

- 1 Tunnel Decay in Field Theory
- 2 False Vacuum Decay in the SM
- 3 Multiple False Vacuum Decay in an Effective QCD



# Tunneling in One Dimension



## Decay Rate

$$\frac{\Gamma}{V} = Ae^{-B} [1 + O(\hbar)]$$

$$B = 2 \int_{q_0}^{\sigma} dq (2U)^{1/2}$$



# Tunneling in One Dimension

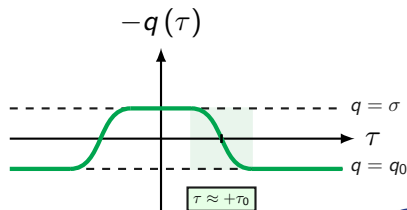
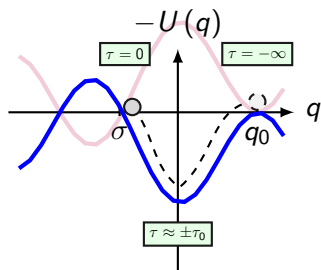
## The Bounce

$$\int_{q_0}^{\sigma} dt (2U)^{1/2} = \int_{-\infty}^0 d\tau L_E$$

$$\left. \frac{dq}{d\tau} \right|_{\tau_{\sigma}=0} = 0$$

$$\lim_{\tau \rightarrow -\infty} q = q_0$$

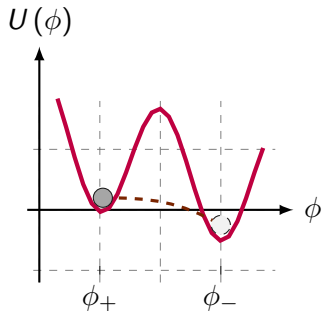
$$B = \int_{-\infty}^{\infty} d\tau L_E \equiv S_E.$$



# Tunneling in Scalar Field Theory

## The Action

$$S_E = \int d\tau d^3x \left[ \frac{1}{2} \left( \frac{\partial\phi}{\partial\tau} \right)^2 + \frac{1}{2} \left( \vec{\nabla}\phi \right)^2 + U \right]$$



$$\lim_{\tau \rightarrow \pm\infty} \phi(\tau, \vec{x}) = \phi_+$$

$$\frac{\partial\phi}{\partial\tau}(0, \vec{x}) = 0$$

$$\lim_{|\vec{x}| \rightarrow \infty} \phi(\tau, \vec{x}) = \phi_+$$



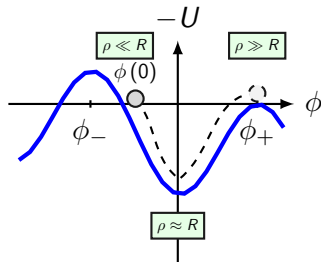
# Tunneling in Scalar Field Theory

## The Action and EoM

$$\rho = (\tau^2 + |\vec{x}|^2)^{1/2}$$

$$S_E(\phi) = 2\pi^2 \int_0^\infty \rho^3 d\rho \left[ \frac{1}{2} \left( \frac{d\phi}{d\rho} \right)^2 + U \right]$$

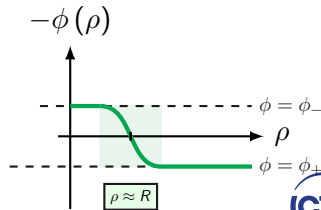
$$\frac{d^2\phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} = U'(\phi),$$



## Boundary Conditions

$$\lim_{\rho \rightarrow \infty} \phi(\rho) = \phi_m.$$

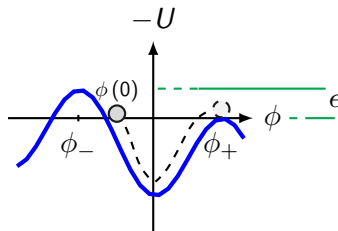
$$\left. \frac{d\phi}{d\rho} \right|_0 = 0.$$



# The Coleman's Thin Wall Approximation

EoM

$$\frac{d^2\phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} = U'(\phi),$$



In the Wall

$$\frac{d^2\phi}{d\rho^2} = \frac{dU_0}{d\phi}$$

$$\begin{aligned} S_E &= 2\pi^2 R^3 \int_0^\infty d\rho \left[ \frac{1}{2} \left( \frac{d\phi}{d\rho} \right)^2 + U_0 \right] \\ &= 2\pi^2 R^3 S_1 \end{aligned}$$

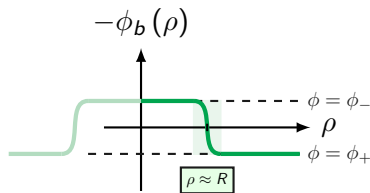
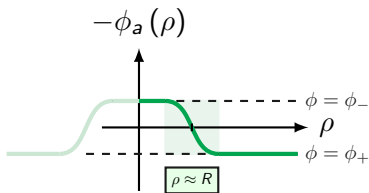


# The Coleman's Thin Wall Approximation

## In the Thin Wall Approximation

$$\begin{aligned}\phi &= \phi_-, \quad \rho \ll R \quad \Rightarrow B_{\text{inside}} = -\frac{\pi^2}{2} R^4 \epsilon \\ &= \phi_1(\rho - R), \quad \rho \approx R \quad \Rightarrow B_{\text{wall}} \equiv 2\pi^2 R^3 S_1 \\ &= \phi_+, \quad \rho \gg R \quad \Rightarrow B_{\text{outside}} = 0\end{aligned}$$

$$\frac{dS_E}{dR} = 0 = -2\pi^2 R^3 \epsilon + 6\pi^2 R^2 S_1 \quad \Rightarrow \quad R = \frac{3S_1}{\epsilon}$$





# False Vacuum Decay in the SM

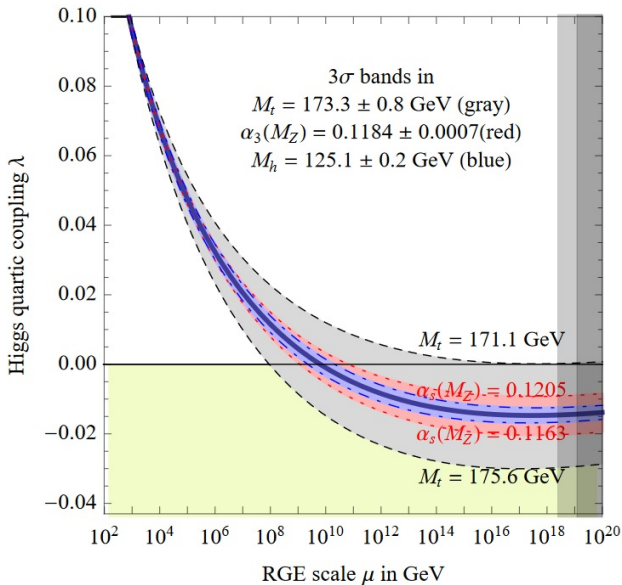
$$U = -\mu^2|\Phi|^2 + \lambda|\Phi|^4 = \frac{1}{2}m^2h^2 + \sqrt{m\lambda}h^3 + \frac{1}{4}\lambda h^4 + \dots$$

## The Scalar Effective Potential in SM

$$U(h \gg v) \cong \frac{1}{4}\lambda_{\text{eff}}(h)h^4$$



# False Vacuum Decay in the SM

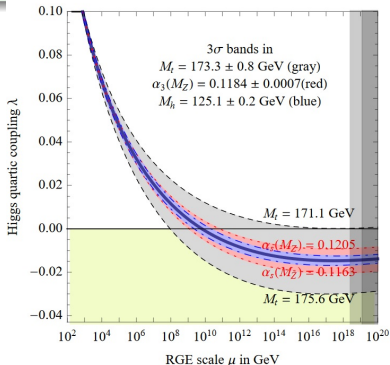
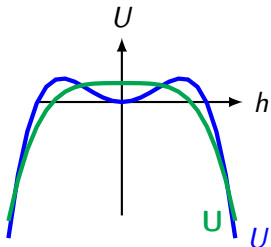


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[arXiv:1307.3536 [hep-ph]]

Diploma Dissertation, 2016

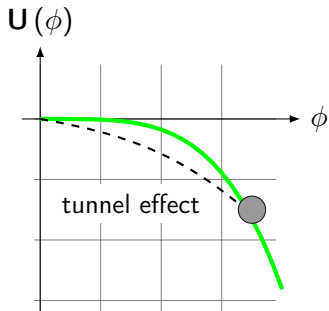


# Tunnel Without Barrier

$$U(\phi) = \frac{\lambda}{4} \phi^4$$

with  $\lambda < 0$

$$\frac{d^2\phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} = U'(\phi) = \lambda\phi^3$$



$$\begin{aligned} S_E &= 2\pi^2 \int_0^\infty \rho^3 d\rho \left[ \frac{1}{2} \left( \frac{d\phi}{d\rho} \right)^2 + U \right] \\ &= \frac{8\pi^2}{3|\lambda|} \end{aligned}$$

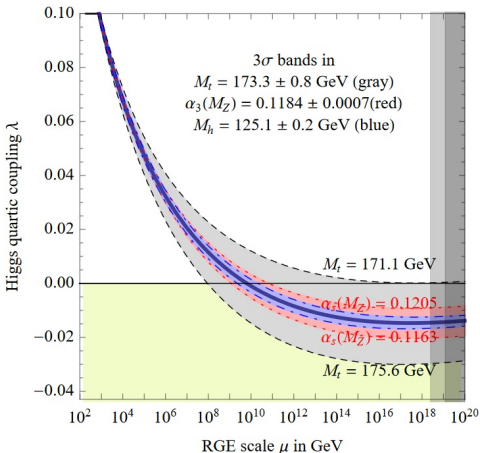
The Action is Scale Invariant

$$\rho \rightarrow \alpha \rho \quad \phi \rightarrow \frac{1}{\alpha} \phi$$

# Decay Rate of the False Vacuum in the SM

$$\Gamma \simeq \frac{V_U}{R^4} e^{-\frac{8\pi^2}{3|\lambda|}}$$

The most probable energy of decay is approximately  $\mu \simeq 10^{16}$  GeV



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$$\Gamma \simeq (10^{25} \text{ eV})^4 (8 \cdot 10^{101} \text{ eV}^{-3}) e^{-\frac{8\pi^2}{3|-0.02|}} \simeq 10^{-370} \text{ eV}$$

$$t \equiv \frac{1}{\Gamma} \simeq 10^{347} \text{ years}$$

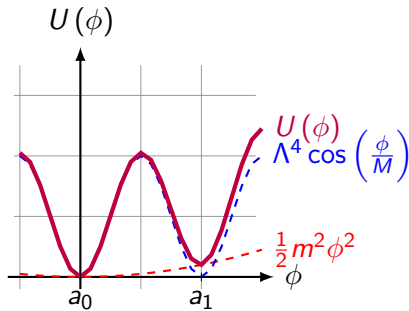


# Multiple Vacua Potential

## Effective Potential

$$U(\phi) = \frac{1}{2}m^2\phi^2 - \Lambda^4 \cos\left(\frac{\phi}{M}\right)$$

we assume that  $m^2 \ll \frac{\Lambda^4}{M^2}$

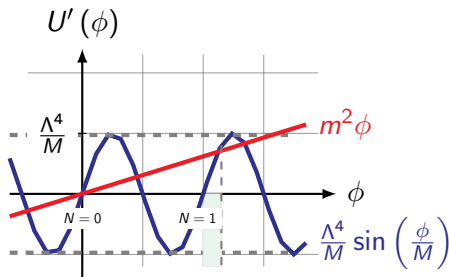


# Multiple Vacua Potential

## First Derivative of the E.P.

$$U'(\phi_m) = m^2 \phi_m + \frac{\Lambda^4}{M} \sin\left(\frac{\phi_m}{M}\right) = 0$$

we will assume that  $m^2 \ll \frac{\Lambda^4}{M^2}$



$$m^2 \ll \frac{\Lambda^4}{M^2}$$

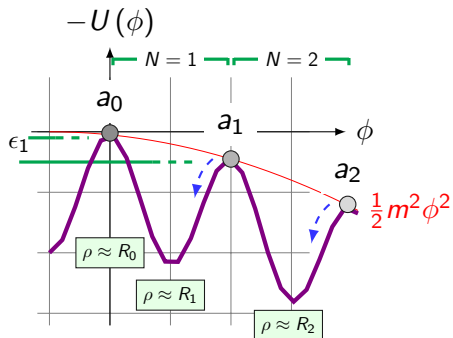
$$N \leq \frac{1}{2\pi} \left( \frac{\Lambda^2}{Mm} \right)^2.$$





# Vacua Decay in The Thin-Wall Approximation

$$m^2 \ll \frac{\Lambda^4}{M^2}$$



$$S_N = \int_{a_{N-1}}^{a_N} d\phi [2U(\phi)]^{1/2}$$

$$S_N \simeq S_{N-1} \simeq \dots \simeq S_1$$

## The Euclidean Action

$$\hat{S}_N \simeq -\frac{1}{2}\pi^2 \epsilon_N R_N^4 + 2\pi^2 S_1 R_N^3$$

$$\epsilon_N = \frac{1}{2}m^2 (a_N^2 - a_{N-1}^2).$$

# In a Specific QCD Effective Potential

## Effective Potential

$$U = \frac{1}{2} m_{\eta'}^2 \eta'^2 - m_{\pi}^2 f_{\pi}^2 \cos\left(\theta + \frac{\eta'}{f_{\pi}}\right)$$

$$m_{\eta'} = m_{\eta'_0} \sqrt{\frac{3}{N_c}} \quad f_{\pi} = f_{\pi_0} \sqrt{\frac{N_c}{3}}$$

$$\epsilon = \frac{1}{2} m_{\eta'}^2 (a_N^2 - a_{N-1}^2) \simeq 4\pi^2 f_{\pi}^2 m_{\eta'}^2 \left(N - \frac{\theta}{2\pi}\right)$$

## Decay rate from $N$ to $N - 1$

$$\frac{\Gamma_N}{V} \simeq e^{-\hat{S}_N}$$

$$\hat{S}_N \simeq \frac{27}{2\pi^4} \left(\frac{8m_{\pi}^2 f_{\pi}}{m_{\eta'}^3}\right)^2 \frac{1}{\left(N - \frac{\theta}{2\pi}\right)^3}$$



# In a Specific QCD Effective Potential

$$N \leq \frac{1}{2\pi} \left( \frac{m_\pi}{m_{\eta'}} \right)^2 + \frac{\theta}{2\pi}$$

In the large  $N_c$  limit

$$\epsilon \simeq 4\pi^2 f_{\pi_0}^2 m_{\eta'_0}^2 \left( N - \frac{\theta}{2\pi} \right) \quad \hat{S}_N \simeq \frac{27}{2\pi^4} \left( \frac{8m_\pi^2 f_{\pi_0}}{9m_{\eta'_0}^3} \right)^2 \frac{N_c^4}{\left( N - \frac{\theta}{2\pi} \right)^3}.$$

$$\Gamma_N \sim e^{-kN_c^4/N^3}$$

For  $N = O(N_c)$

$$\Gamma_{O(N_c)} \sim e^{-N_c}$$

For  $N = O(1)$

$$\Gamma_{O(1)} \sim e^{-N_c^4} \ll 1$$



# Summary

- We reviewed Coleman's results, which makes possible the computation of the vacuum decay in quantum field theory
- Vacuum decay in the Higgs potential of the Standard Model. We found that the most probable time of decay is of order  $10^{347}$  years, which is larger than the age of the universe.
- Vacuum decay in a QCD effective potential, in the  $N_c \gg 1$  limit. We find that the higher vacua are more unstable and that the transition rate is suppressed exponentially with the number of colors.



# Hvala

